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Planning in Sports

1) Meaning and objectives of Planning

i) Meaning of planning

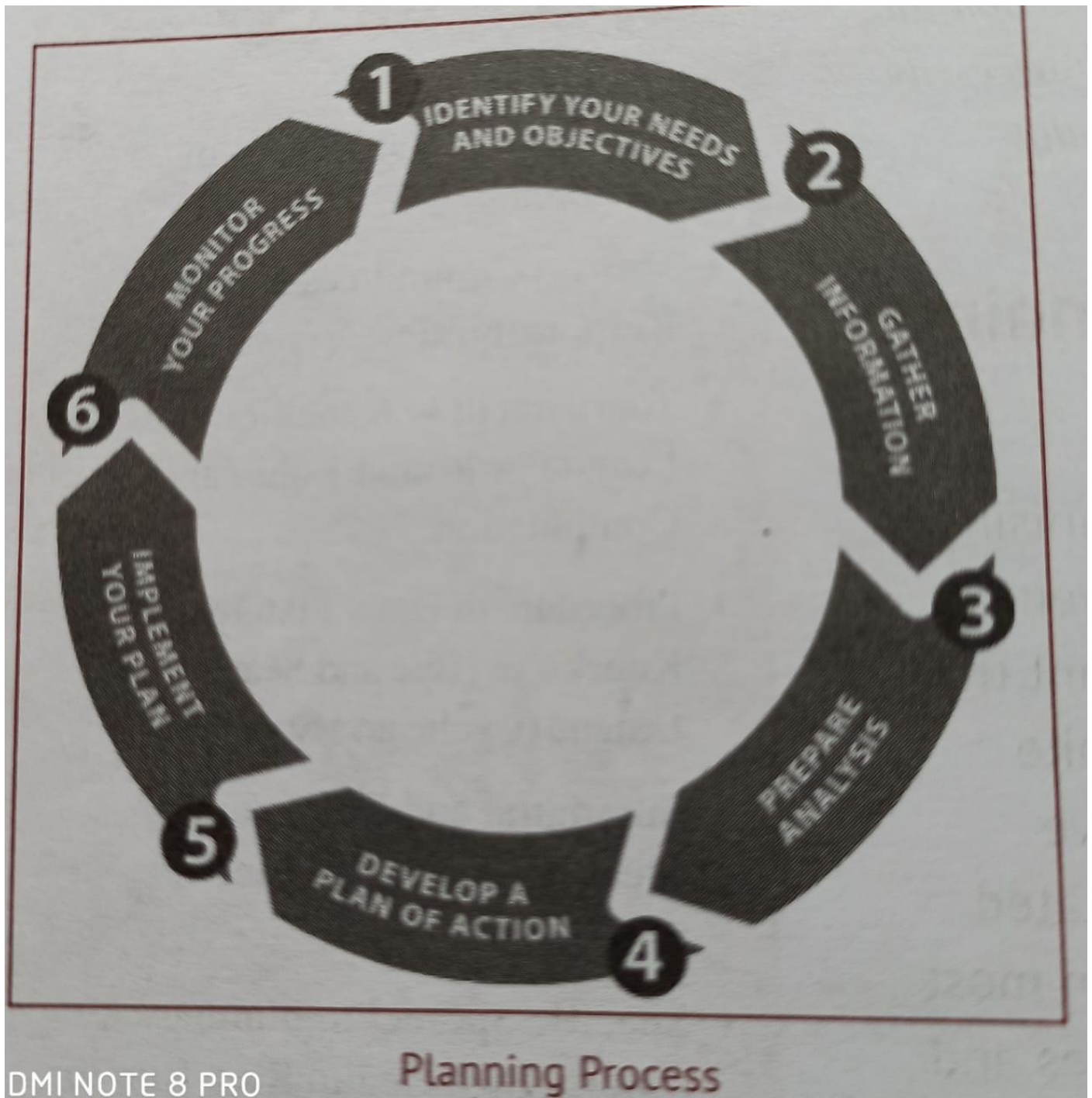
Process of thinking and organizing the activities for achievements.

- a) Aspects, keep in mind (Goal)
- b) To retrieve maximum benefits.(Forecasting)
- c) Interest and Participation (Anticipation)

ii) Objectives of Planning -

- a) Enhancement in Efficiency-
Conducting and managing the sport.
- b) Timelines and Coordination
Relief from the pressure of urgency
In between of officials and players.
- c) Control and Creativity
Activities related to the Competition.
Implementation

d) Reducing Risk factor and Improving Performance-
Chances of mistake
Improved through well planned schedules



Various Committees for Organising Track and Field Meet/Sports



Name of the Committee	Role and Responsibility
Publicity Committee	Announcement of date, venue, and advertising any other information about the event, to the public.
Transport Committee	Providing transport to various national and international teams involved in the event.
Grounds and Equipments Committee	Preparing suitable ground/field for the event, for example, a cricket pitch or a football ground.
Boarding and Lodging Committee	Arranging accommodation and food for the participating teams and its players.
Official Committees	Selecting officials, judges, referees, starters, umpires, recorders, scorers, etc., for the events.
Reception Committee	Welcoming the chief guests and important personnels in the inauguration or closing ceremony of the event.
Decoration and Ceremony Committee	Decorating the sports stadium or the ceremony area during the inauguration, or presentation.
Refreshments Committee	Providing refreshment and snacks to the chief guests, officials and competitors.
Announcement Committee	Making several important announcements during the conduct of the event, e.g., names of the players during the presentation ceremony, while substituting a player, etc.
First Aid Committee	Consisting of well-qualified doctors, physicians and health experts, it is responsible for taking care of health of the players, or officials during an injury or mishappening.

TOURNAMENTS

Benefits of tournaments

- **Development of skills**
- **Better Selection of players**
- **Self Motivation of players**
- **Integration and Development of peace**
- **Recreation and promotion**
- **Develop Social qualities**

TYPES OF TOURNAMENTS

- **KNOCK OUT**
- **LEAGUE**
- **ROUND ROBIN**
- **COMBINATION**